

A New Beginning for Fort Dodge with Dr. Rodney Johnson



Rodney Johnson, M.D., as he begins a surgical procedure at Trinity Regional Medical Center.

His patients describe him as dedicated, committed, caring, and skilled. He's practiced orthopaedic surgery for over 25 years. During that time he has treated uncountable fractures, dislocations, traumatic injuries and work related injuries, as well as performed literally thousands of orthopaedic surgical procedures. Throughout the years, the patients he has treated

range in age from infant through 100-years-old. This article may sound like it's describing the conclusion of a phenomenal medical and surgical career, but it's actually about *beginnings!*

Late last year, Iowa Orthopaedic Center, P.C., was enlisted to bring orthopaedic care to Fort Dodge and the surrounding communities. Numerous Iowa Orthopaedic Center, P.C., surgeons began providing orthopaedic and orthopaedic sub-specialty clinics in Fort Dodge each week. The clinics were met with much support from the Fort Dodge community and soon, the physicians were performing orthopaedic surgery at Trinity Regional Medical Center in large numbers. Best stated by Kevin Ward, Iowa Orthopaedic Center's CEO, "The

"Practicing medicine in a small community, you get to know the patients better." says, Rodney Johnson, M.D.

relationship between Iowa Orthopaedic Center, P.C., and Trinity Regional Medical Center has developed into an unswerving partnership committed to bringing the most advanced orthopaedic care and surgical techniques to the Fort Dodge community."

Rodney Johnson, M.D., was one of the many Iowa Orthopaedic Center physicians who began going to Fort Dodge for two weeks each month to provide orthopaedic care. As weeks grew into months, Dr. Johnson found himself enjoying the time he spent in Fort Dodge. "Over time, I began to enjoy the smaller community. I practiced in Charles City from 1982 to 1988 and Fort Dodge brought back some very fond memories of that time" says Dr. Johnson. He continues, "When I first started providing orthopaedic care in Fort Dodge, I really appreciated the support of the hospital administration and the interaction of the hospital staff. They are a very professional and committed group of individuals. I respect that." He gives a lot of credit to the administration at Trinity Regional Medical Center stating that Iowa Orthopaedic Center could not have made such a seamless transition in Fort Dodge without the support and assistance of the hospital administration.

Continued on next page

For more information, visit our website at www.iowaorthopaediccenter.com

IOC Bilingual Physician Reaches Hispanic Patients

When Camille Rivera, M.D., joined IOC in March 2006, not only did Dr. Rivera bring her exceptional medical skills, but her fluency in Spanish has allowed her the opportunity to reach the Hispanic community in central Iowa.

Dr. Rivera specializes primarily in the area of Physical Medicine and Rehabilitation providing diagnosis, treatment planning, and continued care to patients suffering from trauma, or chronic conditions, including back and neck pain, sports related injuries, and diseases including rheumatoid arthritis, and tendonitis.

The workers' compensation industry within central Iowa has long needed a physician who specialized in chronic pain management that was able to communicate with Hispanic employees and Dr. Rivera has filled that gap. "It has been rewarding to help both the employer and the injured worker. Many employers don't have the capabilities to provide anyone at the worksite who speaks Spanish, so the ability to communicate well with both the employer and the injured worker is very important." Dr. Rivera adds, "Regardless of the type of injury, whether it be sports related or work related, I think patients appreciate a physician who can communicate easily with them."

Often times, Hispanic patients who have suffered a traumatic injury speak very little English, or none at all. They are pleased when they learn the physician overseeing their rehabilitation can easily discuss their medical needs and progress with them. "Patients who have sustained a trauma have enough to deal with throughout the rehabilitation process without trying to deal with a language barrier", says Dr. Rivera. She adds, "Removing language barriers, when they exist, allows the patient to focus all their energy on their recovery and reduces their worry and anxiety about the physician understanding what they are saying or needing."

This philosophy also holds true when Dr. Rivera performs diagnostic EMG testing on patients who have limited, or no English. She states being able to communicate in Spanish when patients are undergoing a test puts the patient at ease. "Tests can be scary for patients. They tend to be more comfortable undergoing diagnostic testing if they know the person administering the test can communicate with them easily throughout the process."

Hispanic patients who have sought treatment with Dr. Rivera have been pleased with both her skills as a physician and her ability to speak fluent Spanish. "I think the ability to communicate in Spanish is needed for many patients and I am really glad to be able to provide this service to patients."

For more information, or to schedule an appointment with Dr. Rivera, please call 515-247-8400 or 800-642-6381.

Anunciando...



Camille Rivera, M.D.,
se ha unido al Iowa Orthopaedic Center, P.C.

Dra. Rivera trae consigo su excelente habilidad médica y la habilidad de hablar en español para los pacientes de Iowa central. Especializándose en el área de la medicina Física y Rehabilitación, ella trata pacientes con lesiones en el trabajo, dolor de espalda o el cuello recientes o crónicas, lesiones de deporte o relacionadas a la artritis. También, pacientes con síntomas de quemazon, adormecimiento o dolor en las brazos o piernas.

Para hacer una cita con la Dra. Rivera Favor de llamar al
515-247-8400 ó gratis al 800-642-6381

IOWA
ORTHOPAEDIC
CENTER, P.C.
A Center of Excellence

Now that Iowa Orthopaedic Center has a pain management physician who can communicate easily with Hispanic patients, Iowa Orthopaedic Center is attempting to get this information to the Hispanic community in many ways, including messages like the one above.

Dr. Johnson's Move...continued from cover

"The more time I spent in Fort Dodge and working at Trinity, the more I was drawn to this community. Practicing medicine, even orthopaedics, in a smaller community versus a larger metropolitan city, lets you get to know your patients better. The care becomes a little more personal in a smaller community", says Dr Johnson. He adds that while the community may be smaller, the approach to treat and manage patient's orthopaedic problems remains consistent with the highest standards of orthopaedic care. The diagnostic services, surgical facilities, and surgical equipment provided by Trinity

Continued on back page



Dr. Johnson visits with a patient in Fort Dodge.



"Indomitable"

MRI Technician Julie Kneale, at Iowa Orthopaedic Center, explains the scan for an MRI of the knee to a patient.

Let's take a look back in time.

It's July 3, 1977. A typical summer day, but a single event of the day will change the landscape of medicine forever. The first MRI was performed on a human being. It took over five hours to produce one image, which was of poor quality. The physicians and scientists, who pioneered the first MRI, had worked seven long years to achieve that first MRI obtained on July 3, 1977. They aptly named the original machine "Indomitable", describing their seven year struggle to do what many said could not be done. We thank them for their persistence and what has since evolved from "Indomitable" to Magnetic Resonance Imaging, commonly referred to today as MRI.

There are now thousands of MRI's performed daily throughout the U.S. However, unlike "Indomitable", today's MRI scanner can capture several images within 25 to 45 minutes, depending on the part of the anatomy to be scanned. Images produced by today's MRI provides an unparalleled view inside the human anatomy and can provide images in 2-D, or even 3-D. The images produced are crisp and clear, giving physicians a superior tool in diagnosing and treating many traumas, injuries, and chronic conditions, without uncomfortable testing or invasive procedures. Unlike x-rays, there is no radiation involved in obtaining an MRI scan.

Simply explained, the images obtained by an MRI are created through hydrogen protons in the body being excited by (RF) radiofrequency pulses. MRI scanners generate brief 1 millisecond RF pulses, elevating hydrogen protons to a higher energy state. The energy produced is picked up and amplified by the magnetic coils contained within the MRI machine, and are then turned into precise anatomical visual images. There are no known biological hazards to patients being exposed to magnetic fields that are of the strength used in today's MRI. However, there are some precautions patients must take before having an MRI, if they have ever had metal chips or fragments in their eyes from welding or injury, pacemakers, metal implants, aneurysm clips, wires from cardiac bypass surgery, among others. Metal objects should not be introduced to the area around the magnet in the MRI scanner.

IOC offers a state-of-the-art open MRI scanner for our patients and others who are referred to our MRI facility. The openness of the MRI reduces claustrophobia that can occur with some MRI scanners. Extended evening hours and some Saturday hours are available. Make sure and bring along your favorite CD to listen to while you're having your MRI. Today's MRI continues to consistently demonstrate its importance in providing excellent diagnostic evaluation for patients.

Unlike "Indomitable", which now sits at the Smithsonian, the IOC MRI scanner is conveniently located at 1040 5th Avenue. Please call 515-282-5288, for more information, or to schedule an MRI.



Julie Kneale converses with patients throughout the MRI to make sure there are no questions and the patient is comfortable.



Presorted Standard
US Postage
PAID
Des Moines, IA
Permit No. 2995

Orthopaedic Surgeons

Joshua D. Kimelman, D.O.
Timothy G. Kenney, M.D.
Jeffrey M. Farber, M.D.
Kyle S. Galles, M.D.
Scott A. Meyer, M.D.
Cassim M. Igram, M.D.
Rodney E. Johnson, M.D.
Mark R. Matthes, M.D.
Stephen A. Ash, M.D.
Joseph F. Galles, Jr., M.D.
Craig R. Mahoney, M.D.
Daniel W. Vande Lune, M.D.

Pain Management

Thaddeus Ray, D.O.

Hand and Upper Extremity Division

Scott M. Shumway, M.D.
Michael A. Gainer, M.D.
Ze-Hui Han, M.D.

Physiatrists

Kurt A. Smith, D.O.
Camille Rivera, M.D.

IME & Special Evaluations

Martin S. Rosenfeld, D.O.

Podiatric

Dennis A. Kessler, D.P.M.
Bryan M. Trout, D.P.M.

Questions, feedback, or change of mailing
address regarding the Orthoscope can be
sent to

Iowa Orthopaedic Center,
Shelly Thompson, 411 Laurel, Suite 3300,
Des Moines, Iowa, 50314, or emailed to
sthompson@iowaorthopaediccenter.com.

Main Office

411 Laurel St.,
Suite 3300
Des Moines, Ia. 50314
515-247-8400

Methodist Plaza Office

1221 Pleasant St.,
Suite 590
Des Moines, Ia. 50309
515-247-8400

Pella Office

404 Jefferson St.,
Suite L122B
Pella, Ia. 50219
641-621-1390

Ankeny Office

309 N. Ankeny Blvd.
Ankeny, Ia. 50021
515-247-8400

Mercy West Office

1601 N.W. 114th St.,
Suite 136
Clive, Ia. 50325
515-247-8400

Open MRI Center

1040 5th St.
Des Moines, Ia. 50314
515-282-5288

Trinity Regional Medical Center

800 Kenyon Rd.,
Physicians Office Building
Ft. Dodge, Ia. 50501
515-574-8333

Dr. Johnson's Move...continued from inside

Regional Medical Center are state-of-the-art. He adds, "That just made the decision to move permanently to Fort Dodge even easier."

"It wasn't surprising when Dr. Johnson decided to relocate his orthopaedic practice permanently to Fort Dodge. He was one of the first Iowa Orthopaedic Center physicians to begin providing orthopaedic services in Fort Dodge and his commitment to that community has steadily increased," says Kevin Ward, CEO of Iowa Orthopaedic Center. "The other physicians at Iowa Orthopaedic Center will continue to provide orthopaedic sub-specialty services to the Fort Dodge community. We will continue our efforts to bring other full-time orthopaedic surgeons to Fort Dodge." He is in agreement with Dr. Johnson about the support of the community and Trinity Regional Medical Center administration and staff.

When asked what Dr. Johnson will miss when he leaves Des Moines, he never hesitates a moment before he says, "The Iowa Orthopaedic Center staff in Des Moines. We've shared a lot of long days filled with hard work, yet we've managed to enjoy a lot fun over the years too. I'll really miss them. They have been just great to work with."

The move to Fort Dodge isn't the only beginning Dr. Johnson is looking forward to. He is awaiting the arrival of his fourth grandchild any day. With three other grandchildren, two of whom are 18-months-old, and a 3-year-old, he will soon find his Fort Dodge office adorned with youthfully colored pictures and assorted works of art made by small hands to make his office in Fort Dodge a new *beginning*...that soon feels like home.